

AIRE VALLEY MAG

COMMUNITY NEWS AND LOCAL BUSINESS DIRECTORY

June 2024

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Everything looks blooming marvellous at this time of year. I hope you are enjoying the longer days and getting out and about in the sunshine; soak up that vitamin D!
 It is a first for us to be promoting Christmas in June, but our friends at the Keighley & Worth Valley Railway are keen to get in front of the seasonal demand. As a local resident, this is your 'heads up' to book your tickets in advance to avoid disappointment. (See p11)
 But getting back to summer...
 This month we are looking forward to the Beatles versus the Beachboys 60s Party Night in Bingley! (see the back cover)
 Be sure to look at the community pages for a host of other happening.
 Have you made your holiday plans? Do you dream of owning a VW camper van? Now's your chance to make that dream a reality. (See p27)
 Happy JUNE to you! ~ Liz



Liz Barker, Editor

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In 1992, **A1 Health & Mobility** began its journey in a humble garage in Haworth, under the guidance of current MD Simon Harrison. Initially, the focus was on selling reconditioned stairlifts to the local community. Word of their commitment to quality workmanship led to nationwide recognition within the lift industry in the UK. By 1993 the business had outgrown its garage origins and moved to a larger unit in Mantra House, Keighley. For the next 18 years **A1 Stairlifts** operated from this location before relocating to its current site on South Street, Keighley in 2011. This strategic move allowed for expansion into a wider range of mobility products, operating under the name Easyhome Mobility. As demand soared additional space was required. In 2015 two units in Marley Mills were leased to accommodate the continued growth leading to the establishment of **A1 Stairlift Services Ltd**, which now stocks a large selection of new and refurbished Stairlifts with over 20 Staff. Easyhome Mobility changed its name to **A1 Health & Mobility** expanding further to incorporate online storefronts at **www.a1healthandmobility.co.uk**. During this time we revamped our Logos and Colour Scheme creating the **A1 Lift & Mobility Group**.

When the challenges of the COVID-19 pandemic emerged in 2020, A1 Lift & Mobility

Group launched the **A1 Health Suite**, featuring purpose-built clinics for Podiatry and Ear Wax Removal, contributing to local well-being. Expanding further in the same year an additional unit was taken at Marley Mills to accommodate the new Lift Showroom. **A1 Access Lifts** was introduced offering platform lifts and wheelchair incline lifts for residential and commercial properties, with the only fully operational showroom in the North of England. At **A1 Lift & Mobility Group**, our commitment extends beyond sales with over 100 years of combined product knowledge. Our team prioritises personalised service and expertise. We offer comprehensive aftersales support, including a 24-hour emergency response line, servicing, repairs, and extended warranties, underscores our dedication to ensuring independence and satisfaction for our valued customers.

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BEHIND THE SCENES AT THE MUSEUM



numbers by up to 93%, attracting a wider range of species at the same time. The Brontës were heavily inspired by the natural world around them – and especially by the local landscapes we know and love today. It wasn't just stormy moorland scenes that made their way into the sisters' writing either; a deep appreciation and knowledge of animals, plants, and landscapes alike is clear throughout their work. We're planning on giving our corner of wilderness a helping hand this summer, making sure the flowers there can thrive. Watch out for a path and perhaps a bench too – a spot for anyone to sit and enjoy the wildlife buzzing and blooming. Speaking of planting, our gardening volunteer team has been hard at work in the Parsonage Garden and we're excited to be using our own compost. This is great news for two reasons – first, because we're helping to stop compostable food and garden waste going to landfill, and second, because we're not relying on shop-bought compost which comes in difficult-to-recycle plastic bags.

The gardening team has also installed a second water butt, made from a reclaimed wooden barrel. It's another win for sustainability – and a nod to gardening practices used when the Brontës lived here in the 1800s. We think the sisters would approve!

Visit the Museum every day of the week this summer, except Tuesdays. Local rates are £7.50, children are free, and once you've bought a ticket you can come again for 12 months at no extra cost. Head to bronte.co.uk/visit-us to find out more.

It feels like the world has burst into life in Haworth! June's the month for colour, fresh summer scents, and bird song – and here at the Brontë Parsonage we're embracing the change with a few green initiatives...

You might have noticed a patch of land on Church Street, next to the Old School Room. At first glance, it's overgrown and unkempt – but believe us when we say it's deliberate!

Leaving an area to grow as it likes creates a haven for wildlife, encouraging flowers to bloom and long grasses to grow. These habitats are a safe spot for beetles and birds – not to mention pollinators, like bees and butterflies. In fact, creating a wilderness corner has been shown to increase butterfly

STITCHING WORKSHOPS

Join us twice a month for informal, friendly, and free stitching workshops at the Brontë Parsonage Museum...

...everyone welcome!

Upcoming workshops: Thursday 6 and 20 June,
10am – 12pm
For questions, email diane.fare@bronte.org.uk.



Brontë Parsonage
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This is a strange month for the Railway. On the one hand, we are looking forward to the increase in services during the week starting in June as we get ready for our “summer running” when we operate on a Wednesday and Thursday as well as the weekends, then all week starting on 22nd July. It’s great to see the Railway come alive on weekdays as well as weekends as we carry thousands of visitors to the Valley, as well as many of our more local neighbours making the most of their Local Resident’s Railcards (see the website for details on how to obtain yours if you live in BD20, 21 or 22).

On the other hand, it’s time to talk about snow, holly and a bit of ivy... as we have now bowed to pressure from our regular passengers and put the Elf Explorer tickets on sale. Our Elf services run on weekends during December as well as 23/24 November, and the days in the run up to Christmas Eve, and we give our passengers a chance to meet Santa and his helpers, which, for many of us, marks the start of the Christmas festivities. Like many, it’s a regular festive tradition in our household, and Mrs S (that’s Stroh rather than Santa on this occasion) has totted up that she has been travelling on the Railway’s Christmas services for around four decades, first as a helper when she was a Brownie, and then bringing the children and now grandchildren every year since. Tickets for certain dates always sell out quickly, so please visit the website if you want to travel on a particular date or time.

I promise I’ll try not to mention Christmas again until we have had a chance to enjoy some sunny summer weather before we have to think about winter wonderlands and snow-covered views from the train windows...

So, back to the here and now, there’s plenty to report. Network Rail continues their refurbishment work at Keighley Station, and our new visitor centre at the Water Tower is nearing completion – more details on the grand opening to follow in due course. However, the focus of our civil engineering volunteers’ focus is now on replacing the bridge that takes the main line over the river just outside the Haworth locomotive yard. You may have seen the preparatory work at the site, which has involved lifting and replacing the track several times to permit work during the week and trains to run each weekend. It is a very impressive and meticulously planned operation and is a testament to the skill and ingenuity of our highly qualified volunteers that we are in a position to undertake our most significant and ambitious civil engineering project since the line reopened in 1968. You can see details of the progress they are making and the scale of the work to come on our social media feeds.

~ **Matt Stroh**

Keighley & Worth Valley Railway Chairman

To advertise call Karen or Liz on 01535 642227







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**Our Keighley
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Matthew Varley is the partner and Managing Director of My Denture

Clinics, here he works as a Clinical Dental Technician (Dip CDT RCS).

Matt was born and raised in Pudsey, where he met his wife Angela Varley at school. They have 2 sons; Ray and Austin, he hopes one day they will follow him into the dental profession and share in his passion for dentistry.

Within his 23 years of experience, Matt has changed the lives and smiles of many, some of which are during one day implant immediate loading cases, and same day smiles, which he specialises in. The regular accolades received from clients and patients alike are testament to his passion for his work. Matt has a keen eye for detail and endeavours to provide the best care possible. Matthew completed his dental technology qualification at Leeds Dental Institute, he finished first in his class achieving distinctions throughout and was awarded overall best student and the acclaimed technical achievement award.

Matthew Varley started his journey as a Registered Dental Technician (RDT), however after 23 years experience working as a RDT in highly acclaimed laboratories, Matt made the decision in 2018 to set up his own business alongside fellow business partner Joseph O'Reilly.

Matt also returned to university to further his dental knowledge and become a Clinical Dental Technician, receiving the prestigious royal college of surgeons (Dip CDT RCS).

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He can add volume to your lower face and upper lip region to achieve a more natural, youthful look. Everyone is different, so your dentures are influenced by your age, personality and gender to ensure they look perfectly natural. Matt will discuss your individual needs and the best choices available before providing you with the information you require to determine what is right for you.

The smallest alteration can make the biggest change and Matt is committed to providing the highest level of care, quality materials and the latest digital technology to achieve the best results for you.

Matt's ambition is also his craft, creating lifelike smiles through dentures and implant supported prosthesis.

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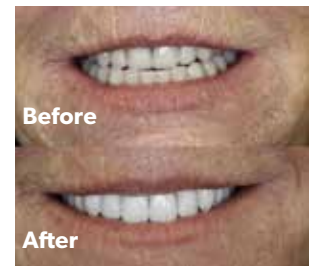
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		1	4			3		
	9			2				8
			6					2
	8	5	1		2			
				9				
			5		3	2	4	
3					7			
5				6				7
		8			1	6		

			8	1				
4				3				1
						3	2	
5	9			4		3		
			7		8		9	
				7		2		6
	7	1						
2						7		9
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		8		4		3		
5					1			3
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	5				7			
1				7				
		7		1		4	5	
9			3		4			

Where in the Aire Valley? COMPETITION



Where is the **red x** located in the photo to the right?

This month's prize is donated
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Email your answer including your
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Last month's competition location was Walker Foster in
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COMMUNITY PAGES

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Every Monday 7 -9 pm Andy's Man Club Project 6, Devonshire Street, Keighley

Fun, friendship and exercise on Every Monday 10am - noon The Drop-In at St James' Hall Cross Roads. Entrance on Albion Street. Call Marion 01535 642028 or 07986762921.

Every Monday to Friday Dementia Friendly Keighley 10am – 4 pm

Open for drop-in anytime for coffee and chat for people living with dementia and their carers and families. 6 College Walk, Airedale Shopping Centre, Keighley.

Every Tuesday 10.30am -12

Dominoes Club at Keighley Civil Centre, Keighley, BD21 3RZ no need to book simply show up and enjoy the game.

Every Tuesday Dementia Friendly Keighley 10am – 12.30 pm Games Morning, for people/carers living with dementia Airedale Shopping Centre, Keighley. Call Helen on 01535 602529

Every Wednesday Dementia Friendly Keighley 1.30 pm – 3.30 pm Peer Support Coffee Club for people/carers living with dementia Airedale Shopping Centre, Keighley.

Every Thurs 11am Age UK Friendship Group meet new friends over a cuppa In the Community Room by the cafe in store at **Morrisons, Keighley** more info email info@ageukbd.org.uk

Every Thursday Dementia Friendly Keighley 1.30 pm – 3.30 pm Crafty Friends, creative session, Airedale Shopping Centre, Keighley. Call Helen on 01535 602529

Every Thursday 10.am - 11.45 am Games Cafe at KHL 13 Scott Street, Keighley

Every first Friday of the month Dementia Friendly Keighley 2 pm – 3.30 pm The Singing Teapot, a singing group for people/carers living with dementia, Airedale Shopping Centre, Keighley.

Every second Saturday of a month 10 - 1pm Riddlesden Green Connection Community Cafe St Mary's Meeting Room, Banks Lane BD20 5PA . Eco liquid refills, book swap and cafe every time.

The Shed Cliffe Castle, Keighley every Tues, Weds & Thurs 10am - 4pm.

Morton WI every second Tuesday evening each month. Social evening with refreshments at **The Institute in East Morton 7:20 pm.** Contact Anne 07968094238

Every Tuesday 7 - 9pm Men's Peer Support Group Free Safe & Friendly environment for men to share, chat & laugh. Airedale Enterprise Services, Sunderland Street, Keighley, BD21 5LE

Every Wednesday 10.30am - 12 Coffee Morning at Laycock Village Hall.

Every Weds 1 - 2.30pm Ladies Dance Exercise at the Civic Centre, Keighley. Meet new friends & Keep Fit
Every Weds Morton Meet and Tiny feet café 2.15-4.15 pm (term time)

in the Morton Memorial Village Institute. Anyone wishing to help volunteer, contact Helen at hells62@live.co.uk

Mondays 1 - 3pm Keighley Tea Dance at the Civic Hall

Every Thursday from 1.30pm Time For Me Bereavement Support Group meet at The Three Horses, Fell Lane, Keighley, BD22 6BZ. Further info contact helen.timeforme@gmail.com
Every Thursday 10am - 11.45am Games Cafe at KHL, Scott Street, Keighley. No booking required everyone welcome.

Every Thursday 2 - 3pm Senior gentle exercise class at Morton institute for more info call Judith : 07469172536

Every Thursday 1pm TaiChi Classes free trial sessions at **Laycock Village Hall.** Everyone Welcome
Thursday & Fridays 10.30am to 3 pm The Drop-In at The Civic Centre, Keighley. A great place to meet new people, play board games or dabble in arts & crafts.
First Tuesday of each month Walk & Wheel Group 1.30pm meeting at Keighley Leisure Centre outside the main entrance. The session will last approx 60 mins and will be at a relaxing pace.

Sun 2nd, 23rd & 30th June 2pm - 4pm Music at the Museum Cliffe Castle Keighley Come and enjoy traditional music from a large mix of bands in the beautiful and relaxed surroundings of Cliffe Castle Park.

Thurs 6th, 20th June & 4th July 10am - 12 FREE Stitching Workshop at The Bronte Parsonage Museum

Sat 8th & Sun 9th June 10 am - 4pm Haworth & Yorkshire Creative Makers Market, Workshop & Tarot at Old School Room, Haworth

Sun 16th June 12.30pm - 5pm Keighley & District Model Engineering Society at Marley Playing Fields, Keighley
Sun 16th June Sue Ryder

Manorlands Paint Rush a family fun day with music, food and a bar, as well as a merchandise store, so make a day of it and stay through the afternoon. Along the 5k route there will be seven paint stations which will coat you in a different bright-coloured paint to turn you multi-coloured.

Mon 17th - 22nd June 7.30pm Keighley Playhouse present Spider's Web Agatha Christie murder mystery at Keighley Playhouse, Devonshire Street.

Thurs 20th until Sun 23rd June Diesel Gala on the Keighley & Worth Valley Railway Along with the two home fleet Diesel Locomotives, the railways collection of Yard Shunters & Railbuses with joining in the Gala action.

Sat 13th July 7.30pm Sue Ryder Manorlands Bradford Accordion Band & Hot Aire /Walking on Sunshine Concert Victoria Hall, Hard Ings Road, Keighley BD21 3JN
Tickets can be purchased by going to www.hotaire.org

Zip the Cow Zip Wire Adventure at the **Cow & Calf Rocks, Ilkley** in aid of Sue Ryder Manorlands limited space
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Sole Fillets Cooked in Beer

This may seem an unusual way to cook and serve fish but it's actually quite common in Northern France and Belgium, I've eaten a similar dish of fish cooked in cider in Normandy.

I've used lemon sole here but most flat fish fillets such as brill, halibut, turbot or plaice can be substituted. A pale ale or pilsner style lager is best for this. I like to keep it local and use Timothy Taylors Landlord. It can be quite difficult sourcing good fresh fish in the Worth and Aire Valley area. I tend to go to the fish mongers on Albion Street on the outside of Halifax market which are very good but there is also a good fishmonger on the High Street in Ilkley. I like to serve this with boiled new potatoes and green beans. (Feeds 4)

Ingredients

- 100g unsalted butter
 - 1 medium onion, halved & thinly sliced
 - 2 celery sticks, thinly sliced
 - 500ml pale ale or lager
 - 1 bay leaf
 - 1 sprig each of fresh parsley & thyme
 - 4 juniper berries, squished
 - 4 lemon sole fillets, skinned if you prefer
- Sea salt and freshly ground black pepper

Method

You need a wide and shallow stovetop pot for this recipe. You also need to have warmed serving dishes ready.

Warm your pot over a medium heat and chuck in half the butter. Lob in your onion and celery and cook gently until soft stirring occasionally.

Now pour in your beer, add the herbs and juniper berries, turn up the heat and bring to a simmer.

Gently lower in your fish fillets, in a single layer, don't worry if they overlap. Bring back to a simmer and poach gently for 4-5 minutes, dependent on the thickness of your fish.

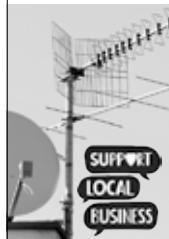
Using a fish slice, carefully remove the fish fillets onto your warmed plates and cover with foil.

Whack up the heat and reduce the volume of liquid in your pot by a good half. Add the remaining butter to the beer, stirring vigorously until it's dissolved to make a sauce. Season well with salt and pepper then strain into a jug before pouring over the fish.

~ Martin Lingard

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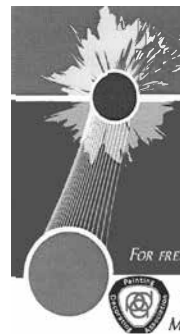
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